**Parkrun Poznan # 345 - 16/02/2019**

| **Miejsce** | **Zawodnik** | **Czas** | **Kat** | **Wsp.** |  | **Miejsce** | **Klub** | **Uwagi** | **Ilość** | |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| [**↓**](http://www.parkrun.pl/poznan/rezultaty/ostatnierezultaty/) | [**↓**](http://www.parkrun.pl/poznan/rezultaty/ostatnierezultaty/) | [**↓**](http://www.parkrun.pl/poznan/rezultaty/ostatnierezultaty/) | [**↓**](http://www.parkrun.pl/poznan/rezultaty/ostatnierezultaty/) | [**Wieku  ↓**](http://www.parkrun.pl/poznan/rezultaty/ostatnierezultaty/) | [**↓**](http://www.parkrun.pl/poznan/rezultaty/ostatnierezultaty/) | [**wg. płci  ↓**](http://www.parkrun.pl/poznan/rezultaty/ostatnierezultaty/) | [**↓**](http://www.parkrun.pl/poznan/rezultaty/ostatnierezultaty/) | [**↓**](http://www.parkrun.pl/poznan/rezultaty/ostatnierezultaty/) | [**biegów  ↓**](http://www.parkrun.pl/poznan/rezultaty/ostatnierezultaty/) | |
| 1 | [Dariusz JANKOWSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=325167) | 16:38 | [SM25-29](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM25-29) | 77.56 % | M | 1 |  | PB stays at 00:16:17 | 166 | [Member of the parkrun 100 Club](http://www.parkrun.com/about/parkrunclubs) |
| 2 | [Tomasz WOŁYŃSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=5193083) | 17:58 | [SM30-34](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM30-34) | 71.99 % | M | 2 |  | New PB! | 8 |  |
| 3 | [Kamil Jan SÓJKA](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2214247) | 18:02 | [SM25-29](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM25-29) | 71.63 % | M | 3 | [AZS WSPiA Poznań](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=23636) | PB stays at 00:16:59 | 15 |  |
| 4 | [Daniel MAREK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=1291702) | 18:20 | [VM40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM40-44) | 76.73 % | M | 4 |  | New PB! | 25 |  |
| 5 | [Eryk RÓŻAŃSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2084028) | 18:34 | [SM30-34](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM30-34) | 70.02 % | M | 5 | [Maratończyk Poznań](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=22112) | New PB! | 22 |  |
| 6 | nieznany |  |  |  |  |  |  |  |  |  |
| 7 | [Jakub RAJCZAK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=3632436) | 18:44 | [SM25-29](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM25-29) | 68.86 % | M | 7 |  | New PB! | 7 | [Strava logo](http://www.strava.com/athletes/33370905) |
| 8 | [Paweł ZAREMBA](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=1065630) | 18:47 | [VM35-39](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM35-39) | 70.63 % | M | 8 |  | PB stays at 00:18:36 | 9 |  |
| 9 | [Michał GIL](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=448773) | 18:52 | [SM20-24](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM20-24) | 68.64 % | M | 9 | [Luboński Klub Biegacza](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=22691) | New PB! | 9 |  |
| 10 | [Wojciech SZYMCZAK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=320037) | 18:54 | [SM30-34](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM30-34) | 68.43 % | M | 10 |  | PB stays at 00:18:01 | 96 | [Member of the parkrun 50 Club](http://www.parkrun.com/about/parkrunclubs)[Strava logo](http://www.strava.com/athletes/9784268) |
| 11 | [Kevin GZIEL](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=610715) | 18:57 | [SM20-24](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM20-24) | 68.07 % | M | 11 |  | PB stays at 00:18:39 | 180 | [Member of the parkrun 100 Club](http://www.parkrun.com/about/parkrunclubs) |
| 12 | [Stanisław PIECHNIK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=909667) | 18:59 | [SM25-29](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM25-29) | 68.04 % | M | 12 | [copymaster.pl](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=22251) | PB stays at 00:18:09 | 20 |  |
| 13 | [Piotr ŁĄCZYŃSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=3723807) | 19:16 | [VM40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM40-44) | 70.85 % | M | 13 |  | PB stays at 00:18:48 | 7 | [Strava logo](http://www.strava.com/athletes/10885268) |
| 14 | [Grzegorz Piotr TOMASZEWSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=726057) | 19:28 | [VM40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM40-44) | 70.63 % | M | 14 |  | PB stays at 00:18:47 | 196 | [Member of the parkrun 100 ClubMember of the parkrun v25 Club](http://www.parkrun.com/about/parkrunclubs) |
| 15 | [Grzegorz LEMAŃSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2007022) | 19:30 | [VM50-54](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM50-54) | 76.24 % | M | 15 | [Hernik Team](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=24578) | PB stays at 00:19:18 | 64 | [Member of the parkrun 50 Club](http://www.parkrun.com/about/parkrunclubs) |
| 16 | [Daniel JÓŹWIAK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2078916) | 19:38 | [VM35-39](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM35-39) | 68.51 % | M | 16 |  | New PB! | 33 |  |
| 17 | [Łukasz WIKIERSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2654612) | 19:45 | [VM35-39](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM35-39) | 68.61 % | M | 17 | [Wielkopolscy Biegacze](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=22005) | New PB! | 33 | [Strava logo](http://www.strava.com/athletes/15000144) |
| 18 | [Adam RAKOWSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=4811125) | 19:57 | [JM15-17](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=JM15-17) | 67.67 % | M | 18 |  | PB stays at 00:19:38 | 29 | [Member of the parkrun 10 Club](http://www.parkrun.com/about/parkrunclubs) |
| 19 | [Jan HELAK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=376776) | 20:01 | [SM30-34](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM30-34) | 64.78 % | M | 19 | [Drużyna Jezusa](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=21045) | PB stays at 00:19:06 | 137 | [Member of the parkrun 100 Club](http://www.parkrun.com/about/parkrunclubs) |
| 20 | [Ireneusz BOGUSZ](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=5183783) | 20:25 | [SM30-34](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM30-34) | 63.35 % | M | 20 |  | PB stays at 00:20:14 | 10 |  |
| 21 | [Krzysztof NAJDER](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=323401) | 20:29 | [VM35-39](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM35-39) | 65.66 % | M | 21 |  | PB stays at 00:20:19 | 34 |  |
| 22 | [Robert POKRYWKA](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=3711299) | 20:32 | [JM15-17](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=JM15-17) | 66.72 % | M | 22 |  | PB stays at 00:20:17 | 52 | [Member of the parkrun 50 Club](http://www.parkrun.com/about/parkrunclubs) |
| 23 | [Jakub KOCZOROWSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2400027) | 20:40 | [VM40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM40-44) | 66.53 % | M | 23 |  | PB stays at 00:18:50 | 81 | [Member of the parkrun 50 Club](http://www.parkrun.com/about/parkrunclubs) |
| 24 | [Mateusz KĘDZIOR](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=1000927) | 20:45 | [VM45-49](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM45-49) | 68.35 % | M | 24 |  | PB stays at 00:20:24 | 4 |  |
| 25 | [Michał SCHLEGEL](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=3394597) | 20:49 | [SM25-29](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM25-29) | 61.97 % | M | 25 | [TreningSportowy.pl](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=28439) | PB stays at 00:20:06 | 74 | [Member of the parkrun 50 Club](http://www.parkrun.com/about/parkrunclubs) |
| 26 | [Krzysztof SWORNOWSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2068840) | 20:52 | [VM40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM40-44) | 66.93 % | M | 26 | [Naramowice Biegają](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=23502) | PB stays at 00:19:33 | 136 | [Member of the parkrun 100 Club](http://www.parkrun.com/about/parkrunclubs) |
| 27 | [Dominik GWAREK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=5436338) | 20:55 | [SM20-24](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM20-24) | 61.67 % | M | 27 |  | First Timer! | 2 |  |
| 28 | [Piotr KAŹMIERCZAK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=4870777) | 20:55 | [VM40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM40-44) | 65.26 % | M | 28 | [Naramowice Biegają](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=23502) | PB stays at 00:19:47 | 13 |  |
| 29 | [Marcin KAŹMIERCZAK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=5460901) | 20:57 | [VM40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM40-44) | 65.16 % | M | 29 |  | First Timer! | 1 |  |
| 30 | [Mariusz SZYMANOWICZ](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2931179) | 20:58 | [VM40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM40-44) | 66.06 % | M | 30 | [KB Maniac](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=20643) | PB stays at 00:19:54 | 37 |  |
| 31 | [Piotr RZEMPAŁA](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=3745685) | 20:59 | [JM15-17](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=JM15-17) | 65.29 % | M | 31 |  | New PB! | 9 | [Member of the parkrun v25 Club](http://www.parkrun.com/about/parkrunclubs) |
| 32 | [Jędrzej WABERSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2981153) | 21:01 | [SM25-29](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM25-29) | 61.38 % | M | 32 |  | PB stays at 00:20:04 | 49 | [Strava logo](http://www.strava.com/athletes/15079954) |
| 33 | [Michał GURAJDOWSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2873322) | 21:12 | [VM35-39](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM35-39) | 63.44 % | M | 33 | [gRUNwald team Poznań](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=22915) | PB stays at 00:19:45 | 58 | [Member of the parkrun 50 ClubMember of the parkrun v25 Club](http://www.parkrun.com/about/parkrunclubs) |
| 34 | [Michał SZYMKÓW](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=5387270) | 21:12 | [SM30-34](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM30-34) | 61.32 % | M | 34 |  | New PB! | 4 |  |
| 35 | [Adam ZAWIŚLAK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=5372211) | 21:13 | [SM25-29](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM25-29) | 60.80 % | M | 35 |  | New PB! | 2 |  |
| 36 | [Krzysztof LIPSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=5312434) | 21:18 | [SM25-29](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM25-29) | 60.56 % | M | 36 |  | New PB! | 2 |  |
| 37 | [Mateusz KRENCISZ](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=331950) | 21:26 | [VM35-39](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM35-39) | 61.51 % | M | 37 |  | PB stays at 00:18:23 | 176 | [Member of the parkrun 100 Club](http://www.parkrun.com/about/parkrunclubs) |
| 38 | [Tomasz DUDEK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=342047) | 21:28 | [VM45-49](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM45-49) | 67.08 % | M | 38 |  | PB stays at 00:19:22 | 64 | [Member of the parkrun 50 Club](http://www.parkrun.com/about/parkrunclubs) |
| 39 | [Dariusz SOLECKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=998943) | 21:38 | [VM55-59](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM55-59) | 71.65 % | M | 39 | [Piątkowo na Biegowo](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=23845) | PB stays at 00:20:29 | 70 | [Member of the parkrun 50 Club](http://www.parkrun.com/about/parkrunclubs) |
| 40 | [Roman ROSÓŁ](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2077248) | 21:42 | [VM45-49](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM45-49) | 66.90 % | M | 40 | [Hernik Team](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=24578) | PB stays at 00:20:54 | 105 | [Member of the parkrun 100 Club](http://www.parkrun.com/about/parkrunclubs) |
| 41 | [Piotr OLCZAK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2755888) | 21:44 | [SM25-29](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM25-29) | 59.36 % | M | 41 |  | First Timer! | 1 |  |
| 42 | [Bartłomiej Jerzy STANKIEWICZ](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=3291186) | 21:46 | [SM30-34](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM30-34) | 59.72 % | M | 42 |  | New PB! | 35 |  |
| 43 | nieznany |  |  |  |  |  |  |  |  |  |
| 44 | [Piotr KUCZYŃSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=576314) | 21:50 | [VM60-64](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM60-64) | 74.73 % | M | 44 | [NKB Chyży Nowy Tomyśl](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=21852) | PB stays at 00:20:28 | 162 | [Member of the parkrun 100 Club](http://www.parkrun.com/about/parkrunclubs) |
| 45 | [Tomasz STACHOWSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=4569506) | 21:52 | [SM30-34](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM30-34) | 59.98 % | M | 45 |  | PB stays at 00:21:16 | 30 |  |
| 46 | [Szymon TUZEL](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=4222245) | 21:54 | [SM25-29](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM25-29) | 58.90 % | M | 46 |  | First Timer! | 3 |  |
| 47 | [Robert POLACZEK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=1235407) | 21:55 | [VM45-49](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM45-49) | 64.71 % | M | 47 |  | PB stays at 00:21:36 | 195 | [Member of the parkrun 100 Club](http://www.parkrun.com/about/parkrunclubs) |
| 48 | [Maciej STAŚKOWIAK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2339578) | 21:56 | [SM30-34](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM30-34) | 59.12 % | M | 48 |  | PB stays at 00:21:47 | 28 |  |
| 49 | [Przemysław SKALSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=4678084) | 21:59 | [VM35-39](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM35-39) | 60.73 % | M | 49 | [Neopunkt Mosina / ObozySobecki.pl](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=27361) | PB stays at 00:21:46 | 2 |  |
| 50 | [Wojciech M. WIATR](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=5002035) | 21:59 | [VM45-49](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM45-49) | 66.03 % | M | 50 |  | PB stays at 00:21:37 | 7 |  |
| 51 | [Aleksander NOWAK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=936857) | 22:00 | [SM30-34](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM30-34) | 59.09 % | M | 51 |  | PB stays at 00:20:26 | 254 | [Member of the parkrun 250 Club](http://www.parkrun.com/about/parkrunclubs) |
| 52 | [Marek DEMBIŃSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=738480) | 22:04 | [VM40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM40-44) | 63.75 % | M | 52 |  | PB stays at 00:20:13 | 81 | [Member of the parkrun 50 Club](http://www.parkrun.com/about/parkrunclubs) |
| 53 | [Robert FENRYCH](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=595968) | 22:05 | [VM45-49](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM45-49) | 64.68 % | M | 53 |  | PB stays at 00:20:04 | 97 | [Member of the parkrun 50 Club](http://www.parkrun.com/about/parkrunclubs)[Strava logo](http://www.strava.com/athletes/10849491) |
| 54 | [Maciej MARCINIAK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=670762) | 22:06 | [VM50-54](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM50-54) | 68.93 % | M | 54 |  | PB stays at 00:20:26 | 48 |  |
| 55 | [Rob LEVER](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2123250) | 22:09 | [SM30-34](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM30-34) | 58.54 % | M | 55 |  | First Timer! | 42 |  |
| 56 | [Magdalena PAKULSKA](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=1835489) | 22:09 | [VW40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VW40-44) | 70.50 % | F | 1 | [Piątkowo na Biegowo](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=23845) | New PB! | 32 |  |
| 57 | [Przemysław STĘPIEŃ](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2840238) | 22:11 | [SM25-29](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM25-29) | 58.15 % | M | 56 | [Biegi.wlkp](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=22762) | PB stays at 00:20:14 | 4 |  |
| 58 | nieznany |  |  |  |  |  |  |  |  |  |
| 59 | [Janusz SZYMAŃSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=420731) | 22:19 | [VM65-69](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM65-69) | 77.30 % | M | 58 |  | PB stays at 00:19:54 | 229 | [Member of the parkrun 100 Club](http://www.parkrun.com/about/parkrunclubs) |
| 60 | [Maciej LEMAN](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=409318) | 22:24 | [VM45-49](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM45-49) | 64.81 % | M | 59 | [Drużyna Szpiku](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=20637) | PB stays at 00:20:02 | 194 | [Member of the parkrun 100 Club](http://www.parkrun.com/about/parkrunclubs) |
| 61 | [Tomasz ŁAWNICZAK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=333865) | 22:28 | [VM35-39](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM35-39) | 59.05 % | M | 60 | [Drużyna Szpiku](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=20637) | PB stays at 00:18:35 | 227 | [Member of the parkrun 100 Club](http://www.parkrun.com/about/parkrunclubs) |
| 62 | [Zdzisław CIEŚLIK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=5449633) | 22:32 | [VM60-64](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM60-64) | 71.15 % | M | 61 |  | First Timer! | 1 |  |
| 63 | [Filip Mikołaj DWORCZAK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2069688) | 22:37 | [VM35-39](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM35-39) | 58.66 % | M | 62 |  | PB stays at 00:21:35 | 41 |  |
| 64 | [Tomasz ŁUKASZEWSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=324552) | 22:44 | [VM55-59](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM55-59) | 69.94 % | M | 63 | [KB Maniac](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=20643) | PB stays at 00:20:22 | 214 | [Member of the parkrun 100 Club](http://www.parkrun.com/about/parkrunclubs) |
| 65 | [Karol ŚCIBIOR](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=3874665) | 22:46 | [VM35-39](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM35-39) | 58.27 % | M | 64 |  | PB stays at 00:22:35 | 39 |  |
| 66 | [Marek JENDRZEJEWSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2176599) | 22:51 | [VM40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM40-44) | 59.74 % | M | 65 |  | PB stays at 00:20:33 | 68 | [Member of the parkrun 50 Club](http://www.parkrun.com/about/parkrunclubs) |
| 67 | nieznany |  |  |  |  |  |  |  |  |  |
| 68 | [Małgorzata WAWRZYNIAK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=449474) | 22:58 | [VW35-39](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VW35-39) | 66.18 % | F | 2 |  | PB stays at 00:19:43 | 182 | [Member of the parkrun 100 Club](http://www.parkrun.com/about/parkrunclubs) |
| 69 | [Marcin KOLDYKA](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=1843418) | 22:59 | [VM35-39](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM35-39) | 58.52 % | M | 67 |  | PB stays at 00:17:58 | 86 | [Member of the parkrun 50 Club](http://www.parkrun.com/about/parkrunclubs) |
| 70 | [Michał CHMIELEWSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2333997) | 23:06 | [VM35-39](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM35-39) | 57.43 % | M | 68 |  | New PB! | 4 |  |
| 71 | [Hubert STACHOWIAK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=3633293) | 23:07 | [SM25-29](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM25-29) | 55.80 % | M | 69 |  | PB stays at 00:22:07 | 3 |  |
| 72 | [Reed STEWART](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=5255116) | 23:07 | [SM18-19](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM18-19) | 57.68 % | M | 70 |  | New PB! | 6 |  |
| 73 | [Marek KRÓL](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=4257782) | 23:12 | [SM30-34](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM30-34) | 55.89 % | M | 71 |  | First Timer! | 29 |  |
| 74 | [Walter ARRAIGADA](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=5226286) | 23:17 | [VM50-54](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM50-54) | 64.92 % | M | 72 |  | PB stays at 00:23:03 | 7 |  |
| 75 | [Michał KUŚNIERZ](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2761209) | 23:19 | [VM35-39](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM35-39) | 56.90 % | M | 73 |  | PB stays at 00:23:01 | 33 |  |
| 76 | nieznany |  |  |  |  |  |  |  |  |  |
| 77 | [Paweł FERTYK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=3521625) | 23:25 | [SM25-29](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM25-29) | 55.16 % | M | 75 |  | PB stays at 00:21:44 | 24 |  |
| 78 | [Marian Zenon BOROWCZYK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=422062) | 23:29 | [VM65-69](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM65-69) | 74.24 % | M | 76 |  | PB stays at 00:21:55 | 102 | [Member of the parkrun 100 Club](http://www.parkrun.com/about/parkrunclubs) |
| 79 | [Sławomir Krzysztof BIELECKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=5234442) | 23:34 | [SM25-29](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM25-29) | 54.81 % | M | 77 | [Naramowice Biegają](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=23502) | PB stays at 00:22:53 | 4 |  |
| 80 | [Ewa KRYGIER](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2756068) | 23:37 | [SW25-29](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SW25-29) | 62.67 % | F | 3 |  | First Timer! | 1 |  |
| 81 | [Krystian BRYCHCZYŃSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=1958290) | 23:38 | [VM35-39](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM35-39) | 56.91 % | M | 78 |  | New PB! | 30 |  |
| 82 | [Grzegorz Józef IRZYK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=3083126) | 23:39 | [VM60-64](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM60-64) | 68.99 % | M | 79 |  | PB stays at 00:23:05 | 76 | [Member of the parkrun 50 Club](http://www.parkrun.com/about/parkrunclubs) |
| 83 | [Mateusz STELMACH](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=4203854) | 23:53 | [SM25-29](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM25-29) | 54.08 % | M | 80 |  | PB stays at 00:23:17 | 10 |  |
| 84 | [Mateusz KLECZ](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2016260) | 23:57 | [SM25-29](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM25-29) | 53.86 % | M | 81 | [kupiepakiet.pl](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=24563) | PB stays at 00:19:46 | 57 | [Member of the parkrun 50 Club](http://www.parkrun.com/about/parkrunclubs) |
| 85 | [Łukasz SCHMIDTKE](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2025449) | 23:58 | [SM25-29](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM25-29) | 53.82 % | M | 82 | [kupiepakiet.pl](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=24563) | PB stays at 00:18:06 | 92 | [Member of the parkrun 50 Club](http://www.parkrun.com/about/parkrunclubs) |
| 86 | [Marek PORADA](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2941252) | 23:59 | [VM55-59](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM55-59) | 64.07 % | M | 83 | [Hernik Team](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=24578) | PB stays at 00:22:00 | 33 |  |
| 87 | [Michał KACZMAREK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2364710) | 24:04 | [VM35-39](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM35-39) | 56.30 % | M | 84 |  | PB stays at 00:23:14 | 47 |  |
| 88 | [Tomasz Adam ŚWIĘCH](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2767200) | 24:06 | [VM40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM40-44) | 57.05 % | M | 85 |  | PB stays at 00:22:50 | 25 |  |
| 89 | [Marcin NAWROCKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2083523) | 24:07 | [SM25-29](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM25-29) | 53.49 % | M | 86 | [kupiepakiet.pl](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=24563) | PB stays at 00:21:30 | 95 | [Member of the parkrun 50 Club](http://www.parkrun.com/about/parkrunclubs) |
| 90 | [Andrzej JUSZCZAK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=586804) | 24:09 | [VM60-64](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM60-64) | 67.01 % | M | 87 |  | PB stays at 00:22:52 | 45 |  |
| 91 | [Łukasz PAWLIKOWSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2075942) | 24:10 | [SM20-24](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM20-24) | 53.93 % | M | 88 | [KB DęBIEC](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=25583) | PB stays at 00:21:54 | 49 |  |
| 92 | [Magdalena STASIEWICZ](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2975686) | 24:12 | [SW20-24](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SW20-24) | 61.16 % | F | 4 |  | PB stays at 00:23:18 | 5 |  |
| 93 | [Izabela BIRK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=5468085) | 24:17 | [SW20-24](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SW20-24) | 60.95 % | F | 5 |  | First Timer! | 1 |  |
| 94 | [Szymon TOPOROWSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=4552800) | 24:18 | [SM20-24](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM20-24) | 53.09 % | M | 89 |  | New PB! | 3 |  |
| 95 | [Piotr PAWLAK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=953438) | 24:20 | [VM40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM40-44) | 57.40 % | M | 90 | [PKO Bank Polski](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=21834) | PB stays at 00:19:55 | 37 |  |
| 96 | [Tomasz SŁABY](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=950053) | 24:28 | [VM45-49](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM45-49) | 59.81 % | M | 91 | [Goggle Pro Active Eyewear](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=21470) | PB stays at 00:22:37 | 89 | [Member of the parkrun 50 Club](http://www.parkrun.com/about/parkrunclubs) |
| 97 | [Łukasz LEWANDOWSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=1253594) | 24:37 | [VM40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM40-44) | 56.74 % | M | 92 |  | PB stays at 00:21:22 | 138 | [Member of the parkrun 100 Club](http://www.parkrun.com/about/parkrunclubs) |
| 98 | [Damian KUJAWA](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=5095558) | 24:40 | [SM30-34](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM30-34) | 52.70 % | M | 93 |  | PB stays at 00:23:28 | 10 | [Strava logo](http://www.strava.com/athletes/20785832) |
| 99 | [Jakub RUTKOWSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=5462069) | 24:41 | [VM35-39](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM35-39) | 53.75 % | M | 94 |  | First Timer! | 1 |  |
| 100 | [Ryszard Marek RAŚ](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=4551843) | 24:42 | [VM65-69](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM65-69) | 70.58 % | M | 95 |  | PB stays at 00:24:02 | 34 |  |
| 101 | [Agnieszka CZERNIAK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=1273257) | 24:47 | [VW40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VW40-44) | 62.54 % | F | 6 | [Piątkowo na Biegowo](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=23845) | PB stays at 00:22:07 | 28 |  |
| 102 | [Sebastian KISZKA](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=4039802) | 24:48 | [VM45-49](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM45-49) | 57.19 % | M | 96 |  | PB stays at 00:23:37 | 54 | [Member of the parkrun 50 Club](http://www.parkrun.com/about/parkrunclubs)[Strava logo](http://www.strava.com/athletes/32245007) |
| 103 | [Szymon MATUSZEWSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=375895) | 24:49 | [VM40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM40-44) | 56.68 % | M | 97 | [Piątkowo na Biegowo](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=23845) | PB stays at 00:21:06 | 55 | [Member of the parkrun 50 Club](http://www.parkrun.com/about/parkrunclubs) |
| 104 | [Krzysztof JANKA](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=786413) | 24:55 | [VM40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM40-44) | 54.78 % | M | 98 |  | PB stays at 00:21:06 | 206 | [Member of the parkrun 100 Club](http://www.parkrun.com/about/parkrunclubs) |
| 105 | [Magdalena ZAPAŁA](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=688519) | 24:56 | [SW25-29](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SW25-29) | 59.36 % | F | 7 |  | PB stays at 00:23:37 | 17 |  |
| 106 | [Ryszard RAKOWSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=4829841) | 25:04 | [VM60-64](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM60-64) | 63.96 % | M | 99 |  | PB stays at 00:24:40 | 16 |  |
| 107 | [Agnieszka KLEMCZAK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=5440649) | 25:07 | [VW35-39](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VW35-39) | 60.25 % | F | 8 |  | New PB! | 2 |  |
| 108 | [Leszek LUDZIEJEWSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=5102584) | 25:09 | [VM40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM40-44) | 55.53 % | M | 100 |  | PB stays at 00:24:37 | 5 |  |
| 109 | [Michał KLECZ](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2285934) | 25:17 | [SM30-34](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM30-34) | 51.88 % | M | 101 |  | PB stays at 00:21:44 | 55 | [Member of the parkrun 50 Club](http://www.parkrun.com/about/parkrunclubs) |
| 110 | [Bartosz KOWALSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2657247) | 25:20 | [VM35-39](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM35-39) | 52.70 % | M | 102 |  | PB stays at 00:24:34 | 54 | [Member of the parkrun 50 Club](http://www.parkrun.com/about/parkrunclubs) |
| 111 | [Krzychu GABRYSZ](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=4099297) | 25:30 | [VM40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM40-44) | 55.16 % | M | 103 |  | PB stays at 00:25:11 | 45 |  |
| 112 | [Bartosz MATYJA](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=4127828) | 25:35 | [VM45-49](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM45-49) | 55.44 % | M | 104 |  | PB stays at 00:22:18 | 34 |  |
| 113 | [Mariusz KOSSOWSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=4115796) | 25:37 | [VM40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM40-44) | 54.91 % | M | 105 | [Piątkowo na Biegowo](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=23845) | PB stays at 00:23:08 | 36 |  |
| 114 | [Damian MIELCAREK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=686387) | 25:38 | [VM35-39](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM35-39) | 52.86 % | M | 106 |  | PB stays at 00:22:24 | 29 |  |
| 115 | [Kinga KRYSTEK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2826935) | 25:48 | [SW30-34](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SW30-34) | 57.62 % | F | 9 |  | PB stays at 00:25:09 | 7 |  |
| **116** | **Paweł TREĆ** | **25:55** | **SM30-34** |  | **M** | **107** |  |  |  |  |
| 117 | [Rajmund BARAN](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=450021) | 26:03 | [VM45-49](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM45-49) | 54.45 % | M | 108 |  | PB stays at 00:21:18 | 134 | [Member of the parkrun 100 Club](http://www.parkrun.com/about/parkrunclubs) |
| 118 | [Jakub HOLAK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=3282709) | 26:26 | [SM30-34](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM30-34) | 49.05 % | M | 109 |  | PB stays at 00:22:33 | 30 | [Strava logo](http://www.strava.com/athletes/20392808) |
| 119 | nieznany |  |  |  |  |  |  |  |  |  |
| 120 | [Anita DOMARADZKA](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=365180) | 26:31 | [VW35-39](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VW35-39) | 56.38 % | F | 10 |  | PB stays at 00:24:08 | 49 |  |
| 121 | [Monika MUSZYŃSKA](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=1576909) | 26:32 | [SW30-34](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SW30-34) | 55.90 % | F | 11 |  | PB stays at 00:24:58 | 66 | [Member of the parkrun 50 Club](http://www.parkrun.com/about/parkrunclubs) |
| 122 | [Michał Jakub FOLTYNIEWICZ](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2099535) | 26:34 | [SM25-29](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM25-29) | 48.56 % | M | 111 |  | PB stays at 00:22:11 | 12 |  |
| 123 | [Andrzej WOGA](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2056180) | 26:34 | [VM50-54](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM50-54) | 56.90 % | M | 112 | [KB DęBIEC](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=25583) | PB stays at 00:23:41 | 157 | [Member of the parkrun 100 Club](http://www.parkrun.com/about/parkrunclubs) |
| 124 | [Tomasz CZEKALSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=4507935) | 26:37 | [VM40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM40-44) | 51.66 % | M | 113 | [Naramowice Biegają](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=23502) | PB stays at 00:24:30 | 24 |  |
| 125 | [Jacek SYGULSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=692646) | 26:40 | [VM35-39](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM35-39) | 50.06 % | M | 114 |  | PB stays at 00:25:18 | 50 | [Member of the parkrun 50 Club](http://www.parkrun.com/about/parkrunclubs) |
| 126 | [Maciej KOWALSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=324853) | 26:43 | [VM45-49](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM45-49) | 54.34 % | M | 115 | [Night Runners](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=20669) | PB stays at 00:21:59 | 264 | [Member of the parkrun 250 Club](http://www.parkrun.com/about/parkrunclubs) |
| 127 | [Andrzej HRYSZKIEWICZ](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=1107254) | 26:46 | [SM30-34](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM30-34) | 48.44 % | M | 116 |  | PB stays at 00:22:40 | 42 |  |
| 128 | [Anna GROBELNA](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=3254825) | 26:51 | [VW40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VW40-44) | 57.73 % | F | 12 |  | PB stays at 00:24:51 | 68 | [Member of the parkrun 50 Club](http://www.parkrun.com/about/parkrunclubs) |
| 129 | [Arnold DYBAŁA](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2759047) | 26:54 | [VM35-39](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM35-39) | 50.37 % | M | 117 |  | PB stays at 00:23:54 | 7 |  |
| 130 | [Sebastian ROSA](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2066675) | 26:56 | [SM30-34](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM30-34) | 48.02 % | M | 118 |  | PB stays at 00:23:05 | 43 | [Strava logo](http://www.strava.com/athletes/3551035) |
| 131 | nieznany |  |  |  |  |  |  |  |  |  |
| 132 | [Andrzej GÓRALCZYK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=956413) | 27:06 | [VM55-59](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM55-59) | 58.18 % | M | 120 |  | PB stays at 00:21:02 | 183 | [Member of the parkrun 100 Club](http://www.parkrun.com/about/parkrunclubs) |
| 133 | [Jerzy GÓRNIAK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=771782) | 27:08 | [VM50-54](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM50-54) | 55.71 % | M | 121 |  | PB stays at 00:23:47 | 189 | [Member of the parkrun 100 Club](http://www.parkrun.com/about/parkrunclubs) |
| 134 | [Marcin GAŁKOWSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=323551) | 27:08 | [VM45-49](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM45-49) | 53.50 % | M | 122 |  | PB stays at 00:18:56 | 295 | [Member of the parkrun 250 Club](http://www.parkrun.com/about/parkrunclubs) |
| 135 | [Katarzyna PASTWA](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=775403) | 27:09 | [SW30-34](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SW30-34) | 54.76 % | F | 13 |  | PB stays at 00:19:35 | 107 | [Member of the parkrun 100 Club](http://www.parkrun.com/about/parkrunclubs) |
| 136 | [Zbigniew KOSIŃSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=338673) | 27:09 | [VM40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM40-44) | 51.44 % | M | 123 |  | PB stays at 00:19:24 | 307 | [Member of the parkrun 250 Club](http://www.parkrun.com/about/parkrunclubs) |
| 137 | [Zbigniew SZYDŁOWSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2322254) | 27:10 | [VM60-64](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM60-64) | 59.02 % | M | 124 |  | PB stays at 00:25:24 | 96 | [Member of the parkrun 50 Club](http://www.parkrun.com/about/parkrunclubs) |
| 138 | [Marta GLOGER](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=3785936) | 27:10 | [VW40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VW40-44) | 56.63 % | F | 14 |  | PB stays at 00:25:36 | 11 |  |
| 139 | [Marta SMIERZCHAŁA](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=3999965) | 27:11 | [VW35-39](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VW35-39) | 55.67 % | F | 15 |  | PB stays at 00:26:13 | 9 |  |
| 140 | [Sławomir SPYCHAŁA](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=779953) | 27:14 | [VM50-54](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM50-54) | 55.02 % | M | 125 | [Hernik Team](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=24578) | PB stays at 00:23:24 | 38 |  |
| 141 | [Leszek Maciej SIWIEC](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=5152686) | 27:14 | [VM40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM40-44) | 51.65 % | M | 126 |  | New PB! | 3 |  |
| 142 | [Oliwia PYSZCZAK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=4464851) | 27:14 | [JW10](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=JW10) | 62.67 % | F | 16 | [gRUNwald team Poznań](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=22915) | PB stays at 00:26:37 | 10 | [Member of the parkrun 10 Club](http://www.parkrun.com/about/parkrunclubs) |
| 143 | [Bartosz PYSZCZAK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=3633332) | 27:15 | [VM35-39](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM35-39) | 48.38 % | M | 127 | [gRUNwald team Poznań](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=22915) | PB stays at 00:20:28 | 29 |  |
| 144 | [Wisława POGODZIŃSKA](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=568366) | 27:16 | [SW30-34](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SW30-34) | 54.34 % | F | 17 |  | PB stays at 00:26:58 | 26 |  |
| 145 | [Dawid WOGA](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=5103652) | 27:21 | [SM25-29](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM25-29) | 47.17 % | M | 128 | [Drużyna Szpiku](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=20637) | New PB! | 10 |  |
| 146 | [Edyta LEMAŃSKA](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=3085284) | 27:23 | [VW45-49](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VW45-49) | 59.77 % | F | 18 | [Hernik Team](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=24578) | PB stays at 00:27:13 | 3 |  |
| 147 | [Jagoda BUDNIAK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=334477) | 27:24 | [VW50-54](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VW50-54) | 62.71 % | F | 19 |  | PB stays at 00:25:33 | 144 | [Member of the parkrun 100 Club](http://www.parkrun.com/about/parkrunclubs) |
| 148 | [Piotr Wojciech BARAŃSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=322442) | 27:24 | [VM50-54](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM50-54) | 53.83 % | M | 129 | [Night Runners](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=20669) | PB stays at 00:19:09 | 163 | [Member of the parkrun 100 Club](http://www.parkrun.com/about/parkrunclubs) |
| 149 | [Wojciech ROSZAK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=4919301) | 27:35 | [VM35-39](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM35-39) | 47.79 % | M | 130 |  | PB stays at 00:26:45 | 15 |  |
| 150 | [Alicja Beata ŁABĘDZKA-BUGAJ](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=3456357) | 27:37 | [VW50-54](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VW50-54) | 63.07 % | F | 20 | [KB DęBIEC](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=25583) | PB stays at 00:25:54 | 61 | [Member of the parkrun 50 Club](http://www.parkrun.com/about/parkrunclubs) |
| 151 | [Daniel OLEJNIK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=1175865) | 27:38 | [VM40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM40-44) | 50.90 % | M | 131 |  | PB stays at 00:24:49 | 3 |  |
| 152 | [Robert BUREK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=5072259) | 27:39 | [VM40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM40-44) | 50.09 % | M | 132 |  | PB stays at 00:25:31 | 9 |  |
| 153 | [Magdalena GRABOWSKA](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=4480880) | 28:07 | [VW35-39](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VW35-39) | 54.06 % | F | 21 |  | PB stays at 00:26:35 | 31 |  |
| 154 | [Agnieszka GABRYSZ](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2709636) | 28:11 | [VW40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VW40-44) | 55.82 % | F | 22 |  | PB stays at 00:27:09 | 56 | [Member of the parkrun 50 Club](http://www.parkrun.com/about/parkrunclubs) |
| 155 | [Arkadiusz BEDNAREK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=5118000) | 28:12 | [VM40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM40-44) | 48.76 % | M | 133 |  | PB stays at 00:27:07 | 5 |  |
| 156 | [Agnieszka KANIEWSKA](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=347994) | 28:21 | [VW35-39](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VW35-39) | 53.62 % | F | 23 | [Drużyna Szpiku](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=20637) | PB stays at 00:21:11 | 125 | [Member of the parkrun 100 Club](http://www.parkrun.com/about/parkrunclubs) |
| 157 | [Piotr CANDER](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=506563) | 28:21 | [VM35-39](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM35-39) | 46.80 % | M | 134 | [KB Maniac](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=20643) | PB stays at 00:19:38 | 103 | [Member of the parkrun 100 Club](http://www.parkrun.com/about/parkrunclubs) |
| 158 | [Tomasz POŁOCZAŃSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=4601779) | 28:32 | [VM40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM40-44) | 49.30 % | M | 135 |  | PB stays at 00:27:13 | 30 |  |
| 159 | [Anna GIEDROJĆ](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2029145) | 28:38 | [SW25-29](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SW25-29) | 51.69 % | F | 24 | [kupiepakiet.pl](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=24563) | PB stays at 00:25:46 | 86 | [Member of the parkrun 50 Club](http://www.parkrun.com/about/parkrunclubs) |
| 160 | nieznany |  |  |  |  |  |  |  |  |  |
| 161 | [Adam WRÓBLEWSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=1342231) | 28:45 | [VM70-74](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM70-74) | 61.33 % | M | 137 |  | PB stays at 00:24:31 | 164 | [Member of the parkrun 100 Club](http://www.parkrun.com/about/parkrunclubs) |
| 162 | nieznany |  |  |  |  |  |  |  |  |  |
| 163 | [Adrian Diego STAN](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=3879758) | 28:48 | [VM45-49](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM45-49) | 49.25 % | M | 139 |  | PB stays at 00:28:18 | 37 | [Member of the parkrun v25 Club](http://www.parkrun.com/about/parkrunclubs) |
| 164 | [Jan JARZYŃSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2782131) | 29:03 | [SM30-34](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM30-34) | 45.15 % | M | 140 |  | PB stays at 00:20:59 | 70 | [Member of the parkrun 50 Club](http://www.parkrun.com/about/parkrunclubs) |
| 165 | [Daria DEMBIŃSKA](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2076779) | 29:04 | [VW45-49](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VW45-49) | 54.64 % | F | 25 |  | PB stays at 00:27:30 | 68 | [Member of the parkrun 50 Club](http://www.parkrun.com/about/parkrunclubs) |
| 166 | [Katarzyna FRANKOWSKA](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=4876716) | 29:05 | [SW25-29](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SW25-29) | 50.89 % | F | 26 |  | New PB! | 5 |  |
| 167 | nieznany |  |  |  |  |  |  |  |  |  |
| 168 | [Waldemar NOWAK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2061723) | 29:08 | [VM40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM40-44) | 48.28 % | M | 142 |  | PB stays at 00:24:33 | 10 |  |
| 169 | [Anna Maria RATAJCZYK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=679263) | 29:28 | [VW35-39](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VW35-39) | 51.07 % | F | 27 | [Drużyna Szpiku](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=20637) | PB stays at 00:25:27 | 75 | [Member of the parkrun 50 ClubMember of the parkrun v25 Club](http://www.parkrun.com/about/parkrunclubs) |
| 170 | [Magdalena TAJCHER-OSICKA](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2075274) | 29:35 | [VW40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VW40-44) | 52.00 % | F | 28 |  | PB stays at 00:25:03 | 47 |  |
| 171 | [Sebastian OSICKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2075265) | 29:35 | [VM40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM40-44) | 46.82 % | M | 143 |  | PB stays at 00:24:46 | 82 | [Member of the parkrun 50 Club](http://www.parkrun.com/about/parkrunclubs) |
| 172 | [Justyna Anna CZAJKO](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=3935969) | 29:40 | [VW35-39](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VW35-39) | 50.56 % | F | 29 |  | PB stays at 00:29:27 | 16 |  |
| 173 | [Lidia POLACZEK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2968229) | 29:44 | [VW50-54](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VW50-54) | 57.79 % | F | 30 |  | New PB! | 18 |  |
| 174 | [Maria POLACZEK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=1633363) | 29:45 | [JW11-14](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=JW11-14) | 53.67 % | F | 31 |  | PB stays at 00:24:06 | 131 | [Member of the parkrun 100 Club](http://www.parkrun.com/about/parkrunclubs) |
| 175 | [Piotr PRZYBORSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2090347) | 29:46 | [VM40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM40-44) | 46.53 % | M | 144 | [gRUNwald team Poznań](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=22915) | PB stays at 00:26:48 | 44 |  |
| 176 | [Piotr RÓŻAŃSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=5069928) | 29:50 | [SM20-24](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SM20-24) | 43.24 % | M | 145 | [Drużyna Szpiku](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=20637) | PB stays at 00:25:53 | 5 |  |
| 177 | nieznany |  |  |  |  |  |  |  |  |  |
| 178 | [Marzena TOŁOCZKA](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=5122918) | 29:55 | [VW45-49](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VW45-49) | 53.59 % | F | 32 | [Czerwonak Biega](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=27490) | New PB! | 6 |  |
| 179 | [Beata WOŹNIAK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=1873069) | 29:56 | [VW40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VW40-44) | 51.39 % | F | 33 |  | PB stays at 00:26:49 | 36 |  |
| 180 | [Anna ZIOMBEK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2615751) | 30:06 | [SW25-29](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SW25-29) | 49.17 % | F | 34 |  | PB stays at 00:29:00 | 24 |  |
| 181 | nieznany |  |  |  |  |  |  |  |  |  |
| 182 | [Szymon FENIKOWSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=592736) | 30:19 | [VM40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM40-44) | 45.68 % | M | 148 | [Świerczewo Run](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=25164) | PB stays at 00:24:50 | 20 |  |
| 183 | [Monika TOPOLSKA](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=1747804) | 30:33 | [VW40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VW40-44) | 50.35 % | F | 35 | [Mamy Biegamy](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=23133) | PB stays at 00:28:45 | 33 | [Strava logo](http://www.strava.com/athletes/12202207) |
| 184 | [Andrzej BERCZYŃSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=1990521) | 30:33 | [VM40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM40-44) | 45.34 % | M | 149 | [Smashing Pąpkins](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=22150) | PB stays at 00:20:25 | 63 | [Member of the parkrun 50 Club](http://www.parkrun.com/about/parkrunclubs)[Strava logo](http://www.strava.com/athletes/11936534) |
| 185 | [Agata OLZACKA](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=4784161) | 30:45 | [VW35-39](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VW35-39) | 48.78 % | F | 36 | [Hernik Team](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=24578) | PB stays at 00:24:07 | 9 |  |
| 186 | nieznany |  |  |  |  |  |  |  |  |  |
| 187 | [Magdalena BIEGAŃSKA](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=4876267) | 30:49 | [VW40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VW40-44) | 49.65 % | F | 37 |  | PB stays at 00:28:39 | 6 |  |
| 188 | [Agnieszka POKORSKA](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2801907) | 30:51 | [SW25-29](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SW25-29) | 47.97 % | F | 38 |  | PB stays at 00:25:54 | 75 | [Member of the parkrun 50 Club](http://www.parkrun.com/about/parkrunclubs) |
| 189 | [Katarzyna BAREŁKOWSKA](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=816824) | 30:53 | [VW45-49](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VW45-49) | 51.92 % | F | 39 | [Night Runners](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=20669) | PB stays at 00:25:02 | 182 | [Member of the parkrun 100 Club](http://www.parkrun.com/about/parkrunclubs) |
| 190 | [Paweł DĄBROWSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=599710) | 30:54 | [VM40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM40-44) | 45.20 % | M | 151 |  | PB stays at 00:22:13 | 196 | [Member of the parkrun 100 Club](http://www.parkrun.com/about/parkrunclubs) |
| 191 | [Anita Monika SZYMAŃSKA](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2481587) | 30:55 | [SW20-24](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SW20-24) | 47.87 % | F | 40 |  | PB stays at 00:26:02 | 45 |  |
| 192 | [Elżbieta GÓRNIAK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=747862) | 31:03 | [VW50-54](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VW50-54) | 55.34 % | F | 41 |  | PB stays at 00:25:34 | 188 | [Member of the parkrun 100 Club](http://www.parkrun.com/about/parkrunclubs) |
| 193 | [Izabela PAWŁOWICZ](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=5467091) | 31:09 | [VW40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VW40-44) | 49.76 % | F | 42 |  | First Timer! | 1 |  |
| 194 | [Wiesław CHOJNIAK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=316832) | 31:18 | [VM45-49](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM45-49) | 45.31 % | M | 152 |  | PB stays at 00:18:30 | 346 | [Member of the parkrun 250 Club](http://www.parkrun.com/about/parkrunclubs) |
| 195 | [Maciej Paweł SARNOWSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=3274420) | 31:54 | [VM45-49](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM45-49) | 44.46 % | M | 153 |  | PB stays at 00:27:51 | 24 |  |
| 196 | [Anna STRYKOWSKA](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2320809) | 32:01 | [VW35-39](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VW35-39) | 47.48 % | F | 43 |  | PB stays at 00:30:30 | 4 |  |
| 197 | [Damian SZYMAŃSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2481552) | 32:13 | [JM15-17](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=JM15-17) | 42.52 % | M | 154 |  | PB stays at 00:19:37 | 60 | [Member of the parkrun 50 Club](http://www.parkrun.com/about/parkrunclubs)[Strava logo](http://www.strava.com/athletes/32981573) |
| 198 | nieznany |  |  |  |  |  |  |  |  |  |
| 199 | [Justyna RAU](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2674592) | 32:32 | [VW40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VW40-44) | 47.28 % | F | 44 | [Ciastki.pz](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=25462) | PB stays at 00:31:35 | 30 |  |
| 200 | [Aneta MARCINIAK - HENC](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=3022285) | 33:04 | [VW40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VW40-44) | 47.58 % | F | 45 | [Night Runners](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=20669) | PB stays at 00:26:41 | 64 | [Member of the parkrun 50 Club](http://www.parkrun.com/about/parkrunclubs) |
| 201 | [Anna MIELCAREK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2510532) | 33:04 | [VW35-39](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VW35-39) | 45.21 % | F | 46 |  | PB stays at 00:26:53 | 33 |  |
| 202 | [Roman OFIERZYŃSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=441239) | 34:00 | [VM65-69](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM65-69) | 49.80 % | M | 156 |  | PB stays at 00:24:28 | 195 | [Member of the parkrun 100 Club](http://www.parkrun.com/about/parkrunclubs) |
| 203 | [Katarzyna NOWAK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2339530) | 35:04 | [SW30-34](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SW30-34) | 42.21 % | F | 47 |  | PB stays at 00:34:53 | 8 |  |
| 204 | [Magdalena NICZKE](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=4836932) | 35:16 | [SW25-29](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=SW25-29) | 41.97 % | F | 48 |  | PB stays at 00:32:38 | 9 |  |
| 205 | [Sławka OLEJNICZAK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2029568) | 35:19 | [VW40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VW40-44) | 43.89 % | F | 49 | [Ciastki.pz](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=25462) | PB stays at 00:31:48 | 78 | [Member of the parkrun 50 ClubMember of the parkrun v25 Club](http://www.parkrun.com/about/parkrunclubs) |
| 206 | [Anna CWOJDZIŃSKA](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2003144) | 35:32 | [VW35-39](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VW35-39) | 42.21 % | F | 50 |  | PB stays at 00:24:59 | 81 | [Member of the parkrun 50 Club](http://www.parkrun.com/about/parkrunclubs) |
| 207 | [Marcin KLEDZIK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=727506) | 35:33 | [VM40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM40-44) | 38.96 % | M | 157 |  | PB stays at 00:25:22 | 115 | [Member of the parkrun 100 Club](http://www.parkrun.com/about/parkrunclubs) |
| 208 | [Michał STRYKOWSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=2320798) | 36:53 | [VM40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM40-44) | 37.55 % | M | 158 |  | PB stays at 00:35:25 | 3 |  |
| 209 | [Mirosław KLECZ](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=5175058) | 36:54 | [VM55-59](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM55-59) | 43.09 % | M | 159 |  | New PB! | 12 |  |
| 210 | [Hanna MARCINIAK](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=3719317) | 37:42 | [VW70-74](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VW70-74) | 59.06 % | F | 51 |  | PB stays at 00:35:28 | 48 |  |
| 211 | [Dorota ŁAGOWSKA](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=656792) | 37:49 | [VW40-44](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VW40-44) | 40.99 % | F | 52 | [Night Runners](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=20669) | PB stays at 00:27:28 | 54 | [Member of the parkrun 50 ClubMember of the parkrun v25 Club](http://www.parkrun.com/about/parkrunclubs)[Strava logo](http://www.strava.com/athletes/33872372) |
| 212 | [Bartosz SMEKTAŁA](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=3359616) | 38:42 | [VM35-39](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM35-39) | 34.07 % | M | 160 |  | PB stays at 00:33:09 | 27 |  |
| 213 | [Przemysław ORZECH](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=520224) | 39:25 | [VM60-64](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM60-64) | 40.68 % | M | 161 |  | PB stays at 00:25:58 | 128 | [Member of the parkrun 100 Club](http://www.parkrun.com/about/parkrunclubs) |
| 214 | [Dariusz NIEDZIELSKI](http://www.parkrun.pl/poznan/rezultaty/athletehistory?athleteNumber=328643) | 39:26 | [VM35-39](http://www.parkrun.pl/poznan/rezultaty/agecategorytable?ageCat=VM35-39) | 34.11 % | M | 162 | [parkrun tourists Poznań](http://www.parkrun.pl/poznan/rezultaty/clubhistory?clubNum=28241) | PB stays at 00:18:57 | 223 | [Member of the parkrun 100 Club](http://www.parkrun.com/about/parkrunclubs) |