**III Bieg BiegamBoLubię LASY Szpęgawsk 2021**

**19.09.2021 - Bieg główny 5 km**

| **Msc** | **Nr** | **Nazwisko** | **Imię** | **Pł** | **M pł** | **Miejscowość** | **Klub** | **Kat** | **M kat** | **Czas/km** | **meta** | **Czas netto** |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 1 | 11 | DAJNOWSKI | MATEUSZ | M | 1 | ANGOWICE | MKS CHOJNICZANKA CHOJNICE | M 20-35 |  | 00:03:14 | 00:16:16.55 | 00:16:13.90 |
| 2 | 94 | SADOWSKI | ROBERT | M | 2 | TCZEW |  | M 36-49 |  | 00:03:15 | 00:16:20.20 | 00:16:15.15 |
| **3** | **98** | **TYBURSKI** | **IGOR** | **M** | **3** | **SZTUM** | **LKS ZANTYR SZTUM** | **M 16-19** |  | **00:03:29** | **00:17:32.07** | **00:17:25.97** |
| 4 | 45 | RUTKOWSKI | DAMIAN | M | 4 | LIDZBARK WARMIŃSKI | KS ZAMEK EXPOM KURZĘTNIK | M 16-19 | 1 | 00:03:33 | 00:17:52.46 | 00:17:46.92 |
| 5 | 51 | SOSNOWSKI | WIESŁAW | M | 5 | GNISZEWO |  | M 36-49 | 1 | 00:03:34 | 00:17:56.91 | 00:17:51.17 |
| 6 | 61 | WNUK | DAMIAN | M | 6 | WIELKI KLINCZ |  | M 20-35 | 1 | 00:03:38 | 00:18:17.10 | 00:18:10.49 |
| 7 | 97 | GŁÓWCZEWSKI | GRZEGORZ | M | 7 | TCZEW | BIEGAJĄCY TCZEW | M 36-49 | 2 | 00:03:39 | 00:18:20.14 | 00:18:15.01 |
| 8 | 100 | KACPERSKI | BARTOSZ | M | 8 | DZIERZGON | DKS POWIŚLE DZIERZGOŃ | M 20-35 | 2 | 00:03:43 | 00:18:42.55 | 00:18:37.33 |
| 9 | 54 | SZCZEPANIAK | PRZEMYSŁAW | M | 9 | KOKOSZKOWY |  | M 20-35 | 3 | 00:03:47 | 00:19:01.07 | 00:18:55.99 |
| 10 | 27 | KURKOWSKI | MAREK | M | 10 | STAROGARD GDAŃSKI | KS SOKÓŁ ZBLEWO | M 50+ | 1 | 00:03:49 | 00:19:15.28 | 00:19:07.93 |
| 11 | 42 | PIOTROWICZ | MARCEL | M | 11 | KURZĘTNIK | ZAMEK KURZĘTNIK | M 12-15 | 1 | 00:03:53 | 00:19:35.28 | 00:19:29.41 |
| **12** | **59** | **TUWALSKA** | **MAŁGORZATA** | **K** | **1** | **GDAŃSK** | **LKS ZANTYR SZTUM** | **K 36-49** |  | **00:03:55** | **00:19:43.74** | **00:19:37.24** |
| 13 | 101 | KACPERSKI | MATEUSZ | M | 12 | DZIERZGON | DKS POWIŚLE DZIERZGOŃ | M 16-19 | 2 | 00:03:56 | 00:19:46.26 | 00:19:40.79 |
| 14 | 63 | ŻABIŃSKI | MICHAŁ | M | 13 | STAROGARD GDAŃSKI |  | M 20-35 | 4 | 00:03:58 | 00:19:54.57 | 00:19:54.46 |
| 15 | 32 | MIKOŁAJCZYK | WOJCIECH | M | 14 | STAROGARD GDAŃSKI | SKL FILIPPIDES | M 36-49 | 3 | 00:03:59 | 00:20:03.56 | 00:19:55.54 |
| 16 | 40 | PATELCZYK | SŁAWOMIR | M | 15 | DEMLIN |  | M 36-49 | 4 | 00:04:02 | 00:20:23.17 | 00:20:14.44 |
| 17 | 14 | DERING | MARCIN | M | 16 | DEMLIN |  | M 20-35 | 5 | 00:04:05 | 00:20:39.09 | 00:20:29.94 |
| 18 | 41 | PAWŁOWSKA | DOROTA | K | 2 | MARZĘCICE | KURZĘTNIK BIEGA | K 36-49 |  | 00:04:07 | 00:20:41.41 | 00:20:35.94 |
| 19 | 26 | KUHN | RAFAŁ | M | 17 | STAROGARD GDAŃSKI |  | M 36-49 | 5 | 00:04:12 | 00:21:11.94 | 00:21:02.26 |
| 20 | 22 | GROBELNY | TOMASZ | M | 18 | STAROGARD GD. | FC KONSTYTUCJA | M 36-49 | 6 | 00:04:13 | 00:21:23.82 | 00:21:05.35 |
| 21 | 29 | LIPKOWSKI | PAWEŁ | M | 19 | TCZEW |  | M 20-35 | 6 | 00:04:16 | 00:21:34.03 | 00:21:24.59 |
| 22 | 31 | MIĄSEK | RYSZARD | M | 20 | SZPĘGAWA |  | M 36-49 | 7 | 00:04:18 | 00:21:44.64 | 00:21:31.27 |
| 23 | 49 | SKOCKI | PIOTR | M | 21 | KURZĘTNIK | KS ZAMEK EXPOM KURZĘTNIK | M 12-15 | 2 | 00:04:19 | 00:21:43.14 | 00:21:35.72 |
| 24 | 50 | SLISEWSKI | TOMASZ | M | 22 | STAROGARD GDAŃSKI | GK STG | M 36-49 | 8 | 00:04:20 | 00:21:48.68 | 00:21:40.69 |
| 25 | 3 | BASARA | MATEUSZ | M | 23 | STAROGARD GDAŃSKI | TRI STAROGARD GDAŃSKI | M 36-49 | 9 | 00:04:21 | 00:21:55.17 | 00:21:47.36 |
| 26 | 37 | OLLER | GRZEGORZ | M | 24 | KOTEŻE | TRI STAROGARD GDAŃSKI | M 50+ | 2 | 00:04:22 | 00:21:59.59 | 00:21:53.45 |
| 27 | 43 | PRABUCKI | ROBERT | M | 25 | OWIDZ | TRI STAROGARD GDAŃSKI/ | M 36-49 | 10 | 00:04:24 | 00:22:10.62 | 00:22:03.95 |
| 28 | 13 | DERENGOWSKI | ANDRZEJ | M | 26 | STAROGARD GDAŃSKI |  | M 36-49 | 11 | 00:04:31 | 00:22:44.74 | 00:22:38.13 |
| 29 | 46 | RYSIEWSKI | ROBERT | M | 27 | STAROGARD GDAŃSKI | SKL FILIPPIDES | M 36-49 | 12 | 00:04:31 | 00:22:47.47 | 00:22:38.98 |
| 30 | 102 | ZIMA | JAN | M | 28 | MINIĘTA |  | M 50+ | 3 | 00:04:32 | 00:22:55.07 | 00:22:44.41 |
| 31 | 39 | PATELCZYK | KAROL | M | 29 | DEMLIN |  | M 12-15 | 3 | 00:04:37 | 00:23:19.32 | 00:23:09.99 |
| 32 | 12 | DERENGOWSKA | PAULINA | K | 3 | STAROGARD GDAŃSKI | SKL FILIPPIDES | K 16-19 |  | 00:04:43 | 00:23:44.84 | 00:23:39.28 |
| 33 | 16 | ENGLER | PATRYK | M | 30 | KOKOSZKOWY |  | M 36-49 | 13 | 00:04:47 | 00:24:07.98 | 00:23:59.03 |
| 34 | 105 | SPRĘGA | AURELIA | K | 4 | STAROGARD GDAŃSKI | SKL FILIPPIDES | K 36-49 | 1 | 00:04:51 | 00:24:25.32 | 00:24:17.82 |
| 35 | 44 | ROGALSKA | MAŁGORZATA | K | 5 | KOLINCZ | GK STG | K 36-49 | 2 | 00:04:53 | 00:24:32.78 | 00:24:25.24 |
| 36 | 95 | KOSIEDOWSKI | ŁUKASZ | M | 31 | KOLINCZ | HARDWOOD TEAM | M 20-35 | 7 | 00:04:53 | 00:24:44.34 | 00:24:28.24 |
| 37 | 28 | LIEDTKE | DARIUSZ | M | 32 | TCZEW |  | M 36-49 | 14 | 00:04:59 | 00:25:06.57 | 00:24:56.20 |
| 38 | 92 | ZBLEWSKI | ARKADIUSZ | M | 33 | STAROGARD GDAŃSKI |  | M 36-49 | 15 | 00:05:02 | 00:25:19.63 | 00:25:11.65 |
| 39 | 47 | SEROCKI | PAWEŁ | M | 34 | STAROGARD GDAŃSKI |  | M 12-15 | 4 | 00:05:03 | 00:25:22.41 | 00:25:15.30 |
| 40 | 15 | DUBIELLA | MONIKA | K | 6 | LUBICHOWO |  | K 20-35 | 1 | 00:05:06 | 00:25:37.38 | 00:25:30.86 |
| 41 | 17 | ENGLER | ZUZANNA | K | 7 | KOKOSZKOWY | SKL FILIPPIDES | K 16-19 | 1 | 00:05:09 | 00:25:54.93 | 00:25:45.64 |
| 42 | 4 | BIELIŃSKA | BARBARA | K | 8 | STAROGARD GDAŃSKI | SKL/FILIPPIDES BBL STAROGARD GD | K 36-49 | 3 | 00:05:13 | 00:26:13.44 | 00:26:05.69 |
| 43 | 30 | MAJKA | JAKUB | M | 35 | NOWA WIEŚ RZECZNA | SKL FILIPPIDES | M 12-15 | 5 | 00:05:19 | 00:26:47.21 | 00:26:38.55 |
| 44 | 48 | SIKORA | MAGDALENA | K | 9 | KOKOSZKOWY |  | K 36-49 | 4 | 00:05:23 | 00:35:06.71 | 00:26:55.68 |
| 45 | 25 | KOWALSKI | RADOSŁAW | M | 36 | STAROGARD GD. | BIEGAMBOLUBIĘ | M 36-49 | 16 | 00:05:30 | 00:27:41.10 | 00:27:30.34 |
| 46 | 104 | WALENDZIK | IWONA | K | 10 | STAROGARD GDAŃSKI | ZESPÓŁ SZKÓŁ EKONOMICZNYCH STAROGARD GDAŃSKI | K 36-49 | 5 | 00:05:30 | 00:27:42.94 | 00:27:33.15 |
| 47 | 9 | BUDA | PIOTR | M | 37 | DĄBRÓWKA |  | M 36-49 | 17 | 00:05:31 | 00:27:52.67 | 00:27:38.56 |
| 48 | 2 | ADAMKOWSKI | JERZY | M | 38 | STAROGARD GDAŃSKI |  | M 50+ | 4 | 00:05:37 | 00:28:15.18 | 00:28:05.04 |
| 49 | 5 | BIELIŃSKI | KRZYSZTOF | M | 39 | STAROGARD GDAŃSKI |  | M 36-49 | 18 | 00:05:37 | 00:28:13.70 | 00:28:05.32 |
| 50 | 93 | JANKOWSKI | MIKOŁAJ | M | 40 | STAROGARD GDAŃSKI | FILIPPIDES | M 12-15 | 6 | 00:05:42 | 00:28:41.23 | 00:28:30.61 |
| 51 | 99 | JĘDRZEJEWSKA | NADIA | K | 11 | NOWA WIEŚ RZECZNA | SKLFILIPPIDES | K 12-15 | 1 | 00:05:43 | 00:28:45.52 | 00:28:36.70 |
| 52 | 60 | UFNOWSKI | SEBASTIAN | M | 41 | CZERSK | AKTYWNI BOROWIACY CZERSK | M 36-49 | 19 | 00:05:45 | 00:29:02.39 | 00:28:49.33 |
| 53 | 20 | GRABOWSKA-UFNOWSKA | JUSTYNA | K | 12 | CZERSK | AKTYWNI BOROWIACY CZERSK | K 36-49 | 6 | 00:05:46 | 00:29:02.31 | 00:28:50.02 |
| 54 | 8 | BUDA | ANNA | K | 13 | DĄBRÓWKA |  | K 36-49 | 7 | 00:05:59 | 00:30:14.07 | 00:29:58.53 |
| 55 | 56 | SZCZODROWSKA | EWA | K | 14 | STAROGARD GDAŃSKI | BBL STAROGARD GDAŃSKI | K 50+ | 1 | 00:06:12 | 00:31:12.02 | 00:31:04.91 |
| 56 | 55 | SZCZODROWSKA | AGNIESZKA | K | 15 | GDAŃSK |  | K 20-35 | 2 | 00:06:22 | 00:32:03.92 | 00:31:50.27 |
| 57 | 57 | SZCZODROWSKI | DAWID | M | 42 | GDAŃSK |  | M 20-35 | 8 | 00:06:22 | 00:32:04.84 | 00:31:51.31 |
| 58 | 96 | DZIEWIĄTKOWSKI | RAFAŁ | M | 43 | STAROGARD GDAŃSKI | MORSY ZBLEWO TEAM | M 36-49 | 20 | 00:06:25 | 00:32:24.18 | 00:32:08.79 |
| 59 | 21 | GROBELNY | MAKSYMILIAN | M | 44 | STAROGARD GD. | FC KONSTYTUCJA | M 12-15 | 7 | 00:06:28 | 00:32:37.36 | 00:32:23.46 |
| 60 | 7 | BUDA | ALEKSANDER | M | 45 | KOTEŻE | SKL FILIPPIDES | M 12-15 | 8 | 00:06:29 | 00:32:35.87 | 00:32:25.91 |
| 61 | 34 | NIERZWICKI | KRZYSZTOF | M | 46 | STAROGARD GDAŃSKI | SAMRUN STG | M 36-49 | 21 | 00:06:47 | 00:34:09.51 | 00:33:57.46 |
| 62 | 33 | MISZEWSKA | MAŁGORZATA | K | 16 | STAROGARD GDANSKI |  | K 36-49 | 8 | 00:06:51 | 00:34:28.39 | 00:34:16.20 |
| 63 | 1 | ADAMKOWSKA | ANNA | K | 17 | STAROGARD GDANSKI |  | K 36-49 | 9 | 00:06:51 | 00:34:28.08 | 00:34:16.70 |
| 64 | 36 | NITKA | MONIKA | K | 18 | STAROGARD GDANSKI |  | K 36-49 | 10 | 00:06:51 | 00:34:28.19 | 00:34:16.79 |
| 65 | 19 | GRABARZ | AGNIESZKA | K | 19 | STAROGARD |  | K 36-49 | 11 | 00:06:51 | 00:34:28.05 | 00:34:17.09 |
| 66 | 58 | SZWEDA | MONIKA | K | 20 | LIPINKI SZLACHECKIE | BIEGAMBOLUBIĘ PELPLIN | K 36-49 | 12 | 00:07:15 | 00:36:36.75 | 00:36:18.45 |
| 67 | 18 | GLAZA | KRYSTYNA | K | 21 | STAROGARD GDAŃSKI |  | K 50+ | 2 | 00:07:15 | 00:36:27.51 | 00:36:19.99 |
| 68 | 24 | KOWALSKI | FILIP | M | 47 | STAROGARD GD. | FC KONSTYTUCJA | M 12-15 | 9 | 00:07:19 | 00:36:51.95 | 00:36:38.56 |
| 69 | 103 | PATOK | KACPER | M | 48 | STAROGARD GDAŃSKI | FC KONSTYTUCJA | M 12-15 | 10 | 00:07:19 | 00:36:54.03 | 00:36:39.56 |
| 70 | 35 | NIERZWICKI | WIKTOR | M | 49 | STAROGARD GDAŃSKI | SAMRUN STG | M 12-15 | 11 | 00:07:22 | 00:37:05.38 | 00:36:52.43 |
| 71 | 53 | SOWA | SYLWESTER | M | 50 | ELBLĄG |  | M 36-49 | 22 | 00:07:28 | 00:37:39.27 | 00:37:22.12 |
| 72 | 52 | SOWA | RENATA | K | 22 | ELBLĄG |  | K 36-49 | 13 | 00:07:28 | 00:37:38.72 | 00:37:23.05 |